The Spin









Colorado Safe Routes to School State Network

Volume 2, Issue 10

'Tis the Season for Safe **Routes to School**

Welcome to The Spin, a monthly e-newsletter brought to you by the Colorado Safe Routes to School State Network.

This holiday season, we hope you'll join us in celebrating efforts all across the state to make biking and walking to and from school a safe option for Colorado kids including:

- 81 Colorado schools participated in Bike to School Day;
- 145 Colorado schools participated in Walk to School Day; and
- 120 more subscribers to The Spin.

Thank you all for your continued support and we wish you a healthy and happy holiday!

> Save the Date for SRTS Winter Rally! February 10, 2014 8:00am-10:30am **Downtown Denver**

Join us during the Bicycle Colorado Summit for the 2014 Safe Routes to School Winter Rally.

Learn about opportunities to influence bike and pedestrian policies and projects in Colorado, and leave with some practical steps you can take to educate and influence decision makers as well as your friends and neighbors. This is also a great

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chance to network with others and celebrate successes in promoting Colorado kids safely walking and bicycling to school.

Stay tuned for more information!

Stories from Schools

Longmont Celebrates 2013 Successes

Earlier this month, the City of Longmont, St.

Vrain Valley School District and LiveWell

Longmont celebrated the installation of new
bicycle racks at four local schools. In 2013,
many Longmont schools participated in several
Safe Routes to School programs. Through
Active School Neighborhood checklist
assessments, Walking School Buses, Bicycle
Rodeos and the installation of bicycle racks,
Longmont schools have made significant strides
in creating safer routes for children to actively



commute between school and home every day. The community is also working towards this common goal by announcing a new website dedicated to Safe Routes to School in Longmont. Bicycle rack dedication ceremonies took place at each of the four schools to congratulate and give thanks to all of the students who walk and bike each day, and the many families, volunteers and champions who assisted along the way. For more information contact Lauren Greenfield at Lauren. Greenfield @ci.longmont.co.us.

The National Crosswalk

Safe Routes to School Policy Workbook

The Safe Routes to School National
Partnership and Change Lab Solutions are
pleased to announce the development of an
interactive Safe Routes to School Policy
Workbook. School board members,
administrators, families and students, and
community members can use this Policy
Workbook to create and implement policies that
support active transportation and Safe Routes to
School programs. This tool provides a series of





policy options to help customize a Safe Routes to School policy for your community. Learn

more about this interactive Safe Routes to School Policy Workbook by visiting http://changelabsolutions.org/safe-routes/welcome.

Trends in Walking and Bicycling

The National Center for Safe Routes to
Schoolrecently released a report titled Trends in
Walking and Bicycling to School from 2007 to
2012. As a result of the Federal SRTS Program
established in 2006, the National Center for
SRTS collected data in order to support local
program planning and evaluation and to monitor
student commute patterns on a national level.
After seven years of data collection, the National
Center analyzed more than 525,000 parent



surveys from nearly 4,700 schools. This report highlights key elements for successful SRTS programs and potential ways to promote safe walking and bicycling in your community. Click here to view the full report and two-page version.

Crusin' with CDOT

Funding for Safe Routes to School Projects

CDOT received a total of 40 applications for Safe Routes to School projects to be implemented in FY2014, up from 29 applications received last year. Applications were submitted from around the state with the number of infrastructure and non-infrastructure (education and encouragement) divided nearly evenly. The nine-member SRTS Advisory Committee, will review the applications and determine which programs will be funded in 2014. The overall award amount will be between \$1.5 and \$2 million.

CDOT Needs Your Help!

SRTS Program Manager Leslie Feuerborn is seeking your feedback and thoughts on the SRTS webpages on the CDOT website (click here) in preparation for updates over the next six months. Help influence this set of resources by letting Leslie know which resources from the SRTS webpages you find to be most beneficial. Please email your thoughts to dot_srts@state.co.us.

Training Wheels and Webinars

Join speakers from Safe Routes to School National Partnership and ChangeLab Solutions on January 16, 2014 at 12:00pm MST for a webinar titled, Liability 201:

Addressing Liability Concerns Related to Walking School Buses, Bike Trains, Remote Drop Off and More! Tune in to become an expert on overcoming these obstacles. Click here to register.

Pedaling Programs and Funding Feet

Congratulations 2013 Challenge Award Winners!

Fire Up Your Feet offers Spring and Fall Activity Challenges intended to increase physical activity through friendly competition. Students, parents, teachers, and community champions can use a tracker to motivate others to engage in physical activity on a daily basis. Fire Up Your Feet also offers webinars and other resources you can use to achieve your health and wellness goals.



In 2013, Sand Creek Elementary School in Colorado Springs was awarded a total of \$1,300, Shelton Elementary School in Golden received a total of \$1,800 and Montclair Elementary School in Denver won \$350. These awards will be used to improve gym equipment, provide new bike racks, or create creative ways to get kids moving. Congratulations to all of the 2013 award recipients!

To get your school involved in the upcoming Spring Activity Challenge, click here.

The purpose of the **Colorado Safe Routes to School State Network** is to facilitate two-way information sharing and connecting among communities and organizations in order to lift up what is working, identify new opportunities and galvanize support for policy and culture change that will increase the number of students walking and biking safely to and from school in every Colorado community.

<u>LiveWell Colorado</u> serves as the lead facilitator for the Network. Other members of the Network's steering committee include: <u>Action for Healthy Kids,Bicycle Colorado,Children's Hospital Colorado,Kaiser Permanente,Safe Routes to School National Partnership</u>, and subject matter experts.

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